

Kekaha Senior Citizen Club - October 2018
8130 ELEPAIO ROAD
(808)337-1671

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Enhance Fitness 8am-9am	2 Meditation Exercise with Martha 8am-9am Cook Chinese Pretzels KEO Nutrition 11am-12pm	3 Enhance Fitness 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	4 Kokua Craft 9am-11am KEO Nutrition 11am-12pm	5
8 CENTER CLOSED Columbus Day	9 Meditation Exercise with Martha 8am-9am Assembly 9am-11am KEO Nutrition 11am-12pm	10 Enhance Fitness 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	11 Kokua Craft 9am-11am KEO Nutrition 11am-12pm	12 Enhance Fitness 8am-9am
15 Enhance Fitness 8am-9am SHOPPING	16 Meditation Exercise with Martha 8am-9am Assembly 9am-11am KEO Nutrition 11am-12pm	17 Enhance Fitness - 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	18 OUTREACH Easter Seals Foodland Food Bank	19 Enhance Fitness 8am-9am
22 Enhance Fitness 8am-9am	23 Meditation Exercise with Martha 8am-9am Assembly 9am-11am KEO Nutrition 11am-12pm	24 Enhance Fitness 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	25 Kokua Craft 9am-11am KEO Nutrition 11am-12pm	26 Enhance Fitness 8am-9am
29 Enhance Fitness 8am-9am	30 Meditation Exercise with Martha 8am-9am Assembly 9am-11am Halloween Fun KEO Nutrition 11am-12pm	31 Enhance Fitness 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm		

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